

Yucca Valley Senior Center Activity Calendar



Sun Mon Tue Wed Thu Fri Sat

57088 Twentynine Palms Hwy,
Yucca Valley, CA 92284 (760) 853-0208

Monday-Thursday 9 am-2pm
Friday 9am-12:30pm

Happy Holidays!

Merry Christmas!

9:15 Coffee **1**

11:00 Lunch

12:30-5 pm
Senior Club

Town of Yucca Valley **2**

Community Center
10am-3pm

3

9-11 Hot Cocoa Bar

10:00 DESERT OASIS HEALTHCARE Medicare Lecture

9-1 **TECH TIME**

10:30 **FREE BREAD**

11:00 Lunch

12:15 Chair Yoga with Jing

4

9:00 Coffee w/Friends

9:00-9:50 **Zumba with Sandy**

10:00 Move Well Live Well Balance Class with Joshua

11:00 Lunch

9:30-1pm **Christmas Craft** with Destiny Hospice

5

9:30 Chi Gung

10:00 Office of Aging **60(+)** FREE BUS PASSES

10:15 Pilates w/ Shawn

Hosted at YV Community Center

11:00 Lunch

11:30 SCAN Medicare Information Meeting

11:45 Korean Dance Performance with Yoon

6

9:15 Hot Cocoa Bar

9:30 Jim Lawless providing Will & Trust Information

9:45 Move Well Live Well Balance Class with Joshua

11:00 Lunch

12:30-2:00pm **LINE DANCING**

7

9:15 Coffee **8**

11:00 Lunch

12:30- 5pm
Senior Club

Senior Club
Dinner & Music
Featuring
The Wrecking Crew Express
5:30-8:00pm
Senior Center

10

9:15 Hot Cocoa Bar

9-10:30 **MOBILE FOOD PANTRY**

10-12 Senior Benefit Assistance Program

Free Bread Day

11:00 Lunch

12:15 Chair Yoga with Jing

11

9:00am-9:50 **ZUMBA**

9-12pm Susan's Sweater Sale

10:00 Move Well Live Well Balance Class with Joshua

11:00 Lunch

11:30 Pain & Disability Support Group hosted by Joshua- Balance instructor

12

10:15 Pilates

Hosted at Community Center

11:00 **Christmas Lunch and Entertainment**

By: Tommy Dodson

13

9:15 Hot Cocoa Bar

9:45 Move Well Live Well Balance Class with Joshua

10:00 HICAP counseling

11:00 Lunch

12:30-2pm **Line Dancing**

14

9:15 Coffee **15**

11:00 Lunch

12:30- 5pm
Senior Club

16

17

9:00 Hot Cocoa Bar

9-1pm **TECH TIME**

11:00 Lunch

12:15-1:15
Chair Yoga w/Jing

18

9:00-9:55am **ZUMBA with Sandy**

9:15 Coffee/News

10:00 Move Well Live Well Balance Class with Joshua

11:00 Lunch

12:00 RCA Meeting

19

9:15 Coffee/News

9:30 Chi Gung

10:15 Pilates w/ Shawn

11:00 Lunch plus Pizza

11:15 **Christmas Carol** Sing-A-Long with Cat Cohen

20

9:15 Coffee/News

11:00 Lunch

12:15-2:00 pm
Social Time

Time to Finish your Shopping

21

9:15 Coffee **22**

11:00 Lunch

No Bingo Today

The Senior Center will be Closing today at 12:30pm

Re-opening on **January 2nd, 2024**

23

24

Merry Christmas to you and your Family.

Senior Center Closed

26

Senior Center Open
10am - 12pm
FSA Lunch Program Only

27

Senior Center Open
10am - 12pm
FSA Lunch Program Only

28

Senior Center Open
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29

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10am - 12pm
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HAPPY NEW YEAR **2024!**

The Senior Center is operated by the Town of Yucca Valley Recreation Dept. For info contact Nena McCullough at (760) 853-0208. San Bernardino County Senior Nutrition Lunch Program provided by Family Services Association. Monday - Friday 11:00 a.m. - 12:00 p.m. Age 60+ voluntary donations accepted for lunch. - \$9.50 per meal will be charged for lunch participants age 59 and under -