

Water Fun & Fitness

June 19 through August 11

Fun Swim

Recreational Swim, Open to the public
Children 10 & under, or non-swimmers, MUST
be accompanied by an adult swimmer.
Register online \$3 or \$4 in person at the pool.

Monday through Friday
1 PM – 4 PM
June 19 - August 11

Morning Water Aerobics

Invigorating, low-impact water exercise.

Monday, Tuesday, Thursday, Friday
7:00 – 7:45 am

Register online \$3 or \$4 in person at the pool.

Lap Swim

50-minute lap swim

Mornings: Monday - Friday at 8:00 am

Kickboard and pull buoy available for use
during lap swim, in limited quantities.

Maximum of 3 swimmers per lane, circle
swimming required depending on attendance.
Register online \$3 or \$4 in person at the pool.

PLEASE NOTE

For summer 2023, swim passes will not be sold;
however, old swim passes will be honored. Please
contact aquatics staff for assistance registering for
drop-in programs using old swim passes.

Learn-to-Swim Skill Levels

The descriptions below provide an overview of the
class levels. When registering children for swim
lessons, place them in a level where they will learn, but
is not unrealistic. **Swim Testing is available Saturday,
June 3, 10 AM—12 PM and June 10, 12 PM—2 PM.**

TADPOLES: 6 months to 3 years old; parent/guardian
participation in the water is required. Objective is not
to get children swimming on their own but to acquaint
them with the water. Class include songs, water play,
and activities. Lessons are 30 minutes.

GUPPIES: Ages 3, 4, and 5 year olds who have not yet
mastered horizontal floating skills. Taught in 2 - 3 ft.
shallows. Skills taught include moving in the water,
basic breath control and submerging face, beginning
arm movement, supported floating and kicking, safety
rules, reaching assists, and life jacket use.

STINGRAYS: Beginning swimmers ages 5 & up; Basic
swimming skills are taught including submerging head
to retrieve objects, unsupported floating and gliding,
flutter kick, breathing techniques, water entries and
exploring deeper water with floatation aids & support.

BARRACUDAS: Beginner Plus swimmers ages 5 and
up or passed Stingrays. Bridging the gap between
Stingrays and Dolphins, Barracudas develop strength,
endurance, and stroke efficiency. Classes are taught
swim in 7+ feet of water, while participants gain the
confidence necessary to be successful in intermediate
and advanced levels.

DOLPHINS: Intermediate swimmers ages 5 and up or
passed Barracudas; must be comfortable in 12 ft. deep
water. Instruction in basic stroke technique including
front/back crawl and backstroke, basic diving and
gliding, bobbing and treading water.

SHARKS: Advanced swimmers ages 5 and up, or
passed Dolphins; must be comfortable in deep water &
able to submerge to 12 ft. Instruction in proper swim
techniques and stroke skills with proper mechanics.

2023 Aquatics Program



Swim Lessons
Private Swim Lessons
Junior Lifeguarding
Fun Swim
Water Aerobics
Lap Swim

Community Services Department
760.369.7211

www.yucca-valley.org

Private Swim Lessons

Private Swim Lessons are now available on
Fridays! These 40 minute lessons are sold
individually at \$30 for one child.

Morning & afternoon classes offered.

Contact Aquatic Staff for more information
or for assistance with registration.

office: 760.369.7211 (Mon-Thurs 9a-2p)
pool: 760.369.3703 (June 19th-August 11th)

Coming Soon!

Visit yucca-valley.org for more information



SAVE MONEY!

**Pre-register online for Fun Swim,
Lap Swim or Water Aerobics and save!**
**It is fast and easy, create an account
today at yucca-valley.org**

Program Registration

Junior Lifeguard Program

11 years - 14 years old

Monday - Thursday

(4-week session, 16 lessons)

Session 1: June 19 – July 14

Session 2: July 17 – August 11

\$125 per session



Registration includes:

- Whistle with Lanyard
- Jr. Guard T-shirt

This 30-hour program introduces participants to:

- Skills and physical conditioning needed for entry to the American Red Cross Lifeguard Course.
- Communication, teamwork, and decision-making skills to prepare participants for the expectations of a workplace.
- Basic responsibilities of a lifeguard.
- Basic knowledge and skills to participate in the American Red Cross Lifeguard Course.

Participants must meet the minimum swimming requirement:

- Swim front crawl 25 yards continuously while breathing to the front or side.
- Swim the breaststroke 25 yards continuously.
- Complete the Water Competency Sequence.



Registration opens on

June 5, 2023 at 9:00 am

Online Registration

Save time, create your account on our easy to use, mobile friendly registration

www.yucca-valley.org

In Person Registration

Register in person at the Community Center Monday - Thursday, 9am - 2pm

Registration will also be accepted at the pool office beginning on June 19, 2023.

Refunds

Refund requests must be received at least 10 days before the first day of the session. Refunds are not available after the session has begun.

Skill Levels

Please refer to the Learn-to-Swim skill level descriptions on this brochure to determine skill placement for your child.

Skills Testing Schedule

Need help choosing a class?

Aquatics staff will be available at the pool during the following times for skills testing:

Saturday, June 3, 10:00 am – 12:00 pm

Saturday, June 10, 12:00 pm – 2:00 pm


Contact Sherry Powell at 760.369.7211 ext 238 for assistance or visit the pool office during summer program hours.

Swim Lessons and Schedule

Monday - Thursday (2- week sessions, 8 lessons)

\$56 per session

See class descriptions for required skills; the Town reserves the right to reassign participants who do not meet class level requirements. Classes are 40 min. of instruction (Tadpoles 30 min). Make-ups on Friday for canceled classes.

		Tadpoles 6 - 36 months	Guppies 3- 5 yrs old	Stingrays 5 yrs & up beginner	Barracudas 5 yrs & up intermediate	Dolphins 5 yrs & up advanced	Sharks 5 yrs & up stroke dev
Session 1 June 19 - 29	9:00am		•	•	•		
	9:45am		•	•			•
	10:30am	•	•			•	
	11:15am		•	•		•	
	12:00pm		•	•	•		
	4:15pm		•	•	•		
	5:00pm	•		•			•
	5:45pm		•	•		•	
Session 2 July 3- 13 no class July 4 make-up July 7	9:00am		•	•			•
	9:45am		•	•		•	
	10:30am	•	•		•		
	11:15am		•	•		•	
	12:00pm		•	•	•		
	4:15pm		•	•	•		
	5:00pm	•		•		•	
	5:45pm		•	•			•
Session 3 July 17 - 27	9:00am		•	•	•		
	9:45am		•	•			•
	10:30am	•	•			•	
	11:15am		•	•		•	
	12:00pm		•	•	•		
	4:15pm		•	•	•		
	5:00pm	•		•			•
	5:45pm		•	•		•	
Session 4 July 31 - August 10	9:00am		•	•			•
	9:45am		•	•		•	
	10:30am	•	•		•		
	11:15am		•	•		•	
	12:00pm		•	•	•		
	4:15pm		•	•	•		
	5:00pm	•		•		•	
	5:45pm		•	•			•
6:30pm		•	•	•			