Sun Thu Tue Wed Fri Sat 57088 Twentynine Palms Hwy, Monday-Thursday 9 am-2pm Yucca Valley, CA 92284 (760) 853-0208 Friday 9am-12:30pm 9:15 Coffee /News 9:15 Coffee Town of Yucca Valley 10:00 Move Well Live Well 10-12 Thrift Store **Balance Class with Joshua** Puzzle Sale 11:00 Lunch 11:00 Lunch 12:30-1:30pm 12:30-5 pm Community Center LINE DANCING **Senior Club** 10am-3pm with Janie is back! 9:15 Coffee /Music 9:15 Coffee 9:00 Coffee w/Friends 9:00 Coffee/News 9-11 Hot Cocoa Bar 5 10-11 Jim providing 11:00 Lunch 11:00 Lunch 9:00-9:50 **Zumba** 10:00 Office on Aging Will & Trust Information 12:30-5pm 11:30 Hygiene 10:00 Move Well Live Well **60(+) FREE BUS PASSES** Holiday Special **Product Giveaway** 10:00 Move Well Live Well Senior Club Balance Class with Joshua 10-12 Morongo Basin Dinner & Music **Balance Class with Joshua** 12:15-1:15 pm 11:00 Lunch Healthcare- providing Featuring FLU /Covid 👠 MORONGO BASIN 11:00 Lunch Deace, Love Chair Yoga w/Jing 12:00 Senior Club The Wrecking 12:30-1:30pm yoga **Board Mtg** shots HEALTHCARE DISTRICT **Crew Express** LINE 12:15 WII Bowling 11:00 Lunch 5:30-8:00pm DANCING 1:00 Pilates w/ Shawn **Senior Center** Bring Your Own Mat! 9:00am-9:50₁3 9:15 Hot Cocoa Baro 9:15 Coffee /News 15 9:15 Coffee/News 1 1 17 9:15 Coffee 16 10-12 Senior 9-10:30 Mobile Food 11:00 Christmas 11:00 Lunch **Assistance Program** 9-12pm Susan's Sweater **MOBILE** Pantry_ Lunch and Entertainment 12:30-5pm Sale 1 (caseworker) PANTRY DJ and The Infinite **Senior Club** 10:00 Move Well Live Well 10-12 Christmas Craft 10:00 Move Well Live Well **Imagination Dancers Balance Class with Joshua Red Hat Decorating Balance Class with Joshua** 11:00 Lunch 11:00 Lunch 10:00 HICAP counseling 11:30-1:30 CAT COHEN 12:15 Chair 11:00 Lunch Plavs: Yoga w/Jing 12- Meeting / Open to All Regional Council of Aging Free Bread Day 9:00 Hot Cocoa Bar 9 9:00-9:45am 9:15 Coffee & New 9 7 9:15 Coffee/News 24 18 9:15 Coffee 9-11 Tish's Cocoa Bar 10-12 Thrift Store 11:00 Lunch ZVMBA UGLY SWEATER PARTY Birthday 10:00 Move Well Live Well **Book Sale** 9:15 Coffee/News No Bingo **Balance Class with Joshua** 11:00 Lunch 10:00 Move Well Live Well Today 11:00 Lunch Balance Class with Joshua 12:15-1:15 The Senior 11:00 Lunch 12:30-2pm Chair Yoga Center will be Closing today December's Brthday TV/Games 12:00-2pm Games w/Jing at 12:30pm and Re-opening Celebration CHRISTMAS TREE POSE Time to Finish for Activities and Services your Shopping 1:00 Pilates w/ Shawn on January 2nd, 2023 Free Bread Day **Merry Christmas!** 25 28 29 31 **Senior Center Open Senior Center Open Senior Center Open** 10am - 12pm 10am - 12pm 10am - 12pm FSALunch Program FSA Lunch Program FSALunch Program **Senior Center** Only Only Only Closed

The Senior Center is operated by the Town of Yucca Valley Recreation Dept. For info contact Nena McCullough at (760) 853-0208.

San Bernardino County Senior Nutrition Lunch Program provided by Family Services Association. Monday - Friday 11:00 a.m. - 12:00 p.m.

Age 60+ voluntary donations accepted for lunch. - \$9.50 per meal will be charged for lunch participants age 59 and under -