



S Mon Tue Wed Thu Fri Sat

Yucca Valley Senior Center Activity Calendar

Notice: The Senior Center is still closed for the kitchen remodel, some activities are being held at the Yucca Valley Community Center.

	<p>2</p> <p>YOGA</p> <p>11:15 Chair Yoga Joshua Tree Room YV Community Center</p>	<p>3</p>  <p>9:15 Zumba w/Maria Outside the Joshua Tree Room YV Community Center</p>	<p>4</p> <p>10-12 Office of Aging (Bus Passes) Joshua Tree Room</p> <p>Frozen Meal Pick-up 9am-10am Senior Center Parking Lot</p> <p>12:30 Line Dancing w/ Janie</p>	<p>5</p> <p>Coffee & Tea Social Coffee & Conversation with your Friends</p> <p>9am-11am</p>  <p>Joshua Tree Room</p>	<p>6</p>  <p>12:30-5:00pm Senior Club Bingo Yucca Room Community Center</p>	<p>7</p> <p>MBHD COMMUNITY HEALTH & RE- SOURCE FAIR</p> <p>10am-2pm YV Community Center</p>
<p>8 M O T H E R</p>	<p>9</p>  <p>11:15 Chair Yoga with/Jing Joshua Tree Room YV Community Center</p>	<p>10</p>  <p>9:15 Zumba w/ Maria Cholla Room</p>	<p>11</p> <p>Frozen Food</p> <p>Frozen Meal Pick-up 9am-10am Senior Center Parking Lot</p> <p>12:30 Line Dancing  Cholla Room</p>	<p>12</p>	<p>13</p> 	<p>14</p>
	<p>15</p> <p>11:15 Chair Yoga w/Jing Joshua Tree Room YV Community Center</p>	<p>16</p>  <p>11:15 Chair Yoga w/Jing Joshua Tree Room YV Community Center</p>	<p>17</p>  <p>9:15 w/ Maria Cholla Room YV Community Center</p>	<p>18</p> <p>Frozen Meal Pick-up 9am-10am Senior Center Parking Lot</p>  <p>12:30 Line Dancing w/ Janie Cholla Room</p>	<p>19</p> <p>Coffee & Tea Social Coffee & Conversation with your Friends</p> <p>9am-11am</p>  <p>Joshua Tree Room YV Community Center</p>	<p>20</p>  <p>12:30-5:00pm Senior Club Bingo Yucca Room Community Center</p>
<p>22</p>  <p>11:15 Chair Yoga w/Jing Joshua Tree Room YV Community Center</p>	<p>23</p>  <p>9:15 w/Maria Cholla Room YV Community Center</p>	<p>24</p> <p>Frozen Meal Pick-up 9am-10am Senior Center Parking Lot</p> <p>LINE DANCE  As My Therapy</p> <p>12:30 Line Dancing w/ Janie Cholla Room</p>	<p>25</p> <p>12-1pm Regional Council on Aging Mtg</p> <p>Yucca Valley Community Center Cholla room</p>	<p>26</p>  <p>12:30-5:30pm Senior Club Bingo Yucca Room</p>	<p>27</p>	<p>28</p>
<p>29</p> <p>Offices Closed</p>  <p>Memorial DAY</p>	<p>30</p>  <p>9:15 w/ Maria Cholla Room</p>	<p>31</p>  <p>Happy Mother's Day May 8th</p>	<p>need help?</p> <p>Give Us A Call!</p>			

Town of Yucca Valley—Senior Help or Direction- Nena McCullough at (760) 853-0069
 Reach Out Morongo Basin Transportation- Kyra at (760) 369-8671 FSA Senior Meals- Kathy at (760) 257-5761
 Yucca Valley Community Center—57090 29 Palms Highway