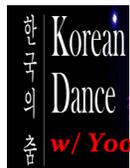




# Yucca Valley Senior Center Activity Calendar

# February



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>Yucca Valley Senior Center</b> 57088 Twentynine Palms Hwy, Yucca Valley, CA 92284 (760) 853-0208				<b>HOURS OF OPERATION</b> Monday - Thursday 9 am - 2pm Friday 9 am - 12:30pm		
	<b>February is American Heart Health Month</b> 9:15 Coffee/News <b>1</b> 9:30 ZUMBA  11:00 Lunch 12:15 Dance Exercise with Cooki 	9:15 Coffee/News <b>2</b> 10:00 <b>Bus Passes Office on Aging</b> 11:00 Lunch 11:30 Music by Norm Stoddard 	9:15 Heart Healthy Breakfast- Cheerios & Milk  11:00 Lunch 12:30 Line Dancing w/ Cooki 	9:15 Coffee/News <b>4</b> 10:00 TV TIME 11:00 Lunch 12:30-5:00 Senior Club BINGO 	<b>5</b>	
<b>6</b> 9:15 Coffee/News <b>7</b> 10:00 Case Worker- <b>Senior Assistance</b> w/ Dena 9:45 Meditation w/ Yoon 11:00 Lunch 12:15- Chair Yoga 	9:15 Coffee/ News <b>8</b> 9:30 ZUMBA 10:00 Clinton—VA Representative 11:00 Lunch  12:00 -Movie Honeymaners Valentine Special	9:15 Coffee & Tea <b>9</b> 10:00 Social Time 11:00 Lunch 11:30 Sing and Dance along w/ <b>CAT COHEN</b> Keyboard Wizard 	9:15 Coffee/News <b>10</b> 10:30 Joseph w/ Anthem Insurance 11:00 Lunch 12-1pm 	9:15 Coffee/ News <b>11</b> 10:00 TV TIME 11:00 Lunch 12:30-5:00 Senior Club BINGO 	<b>12</b>	
<b>13</b> 	9:15 Coffee & Tea <b>14</b> <b>Valentine's PARTY</b> 11:30 -1:30 Music "By His Grace" <i>Ice Cream Sundaes, Photo Booth, Dancing</i> 	9:15 Coffee/News <b>15</b> 9:15 ZUMBA w/Maria  10:30 BREAD  11:00 Lunch 1-2pm Cooki's Dance Exercise Class 	9:15 Coffee & Tea <b>16</b> 10:00 MORONGO BASIN HEALTHCARE DISTRICT  11:00 Lunch 11:30 - Afternoon Performance by: Paul Gerkin  <i>You Name It Paul can Play It</i>	9:15 Coffee/TV <b>17</b> 10-12 TECH Time w/ Francisco  11:00 Lunch 12-1 Regional Council of Aging Meeting 12:30 Line Dancing 	9:15 Coffee <b>18</b> 10:00 TV Time 11:00 Lunch 2:30-4:30 Senior Club BINGO 	<b>19</b>
<b>20</b>  <b>CLOSED</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
<b>Senior Center CLOSED for Kitchen remodel &amp; construction project. (8 weeks) Some activities moved to YVCC</b>						
<b>During our construction period at the Senior Center all congregate meals for the YVSC and the entire Basin area will be FSA's frozen meals, available for Pick up on Wednesdays from 11:30am-12:30pm at the Joshua Tree Senior Center- 6171 Sunburst Street- Joshua Tree</b>						
	<b>27</b>	<b>28</b>  Center Closed	Senior Center Offices Open 9 am-Noon	Senior Center Offices Open 9 am-Noon	Senior Center Offices Open 9 am-Noon	<b>Need assistance? We want to help! Call us!</b>  Nena-Town of Yucca Valley Senior Help (760) 853-0208 Kyra - Reach Out MB Transportation (760) 369-8671 Kathy- FSA Senior Meals (760) 257-5761 

The Senior Center is operated by the Town of Yucca Valley Recreation Dept. For info contact Nena McCullough at (760) 853-0208. San Bernardino County Senior Nutrition Program Lunch provided by Family Services Association. Monday - Friday 11:00 a.m. - 12:00 p.m. Age 60 & over (voluntary donation) -Age 59 and under, \$7 per meal. Volunteers and donations are needed! Call for more info.