



Yucca Valley Senior Center Activity Calendar

JANUARY



Su	Mon	Tue	Wed	Thu	Fri	Sat
Yucca Valley Senior Center 57088 Twentynine Palms Hwy, Yucca Valley, CA 92284 (760) 853-0208				HOURS OF OPERATION Monday - Thursday 9 am - 2:00pm Friday 9 am - 12:30pm.		
2	SENIOR CENTER CLOSED Center Open 10:00-12:00 for FSA 11:00 am Lunch Program	Senior Center Reopens Today 9:15 Coffee/News 10:00 Social Time 11:00 Lunch 12-2:00 Games/TV or Social Time	 PLEASE WEAR A FACE MASK Thank You 9:15 Coffee & News 10:00 Social Time 11:00 Lunch	9:15 Coffee Time 10:00 Bus Passes Office on Aging 11:00 Lunch 12-2:00 Games/TV or Social Time 	9:15 Coffee Time 10:00 TV Time 11:00 Lunch 12:30-5:00 Senior Club BINGO 	 8
9	9:15 Coffee/News 10:00 FREE BREAD 10:00 Case Worker /Senior Assistance w/Dena 11:00 Lunch 12:15 	9:15 Zumba w/Maria 9:15 Coffee and News 11:00 Lunch 12:30-2p Dance Exercise Class with Cooki 	9:15 Coffee/ News 9:30 Representative 11:00 Lunch 11:30-1:30 A Mexican Sound by: Manny Hernandez	9:15 Coffee/News 10-11 Old TV Shows Playing GUNSMOKE 11:00 Lunch 12:30 LINE DANCING with Janie 	9:15 Coffee 10:00 SOCIAL TIME 11:00 Lunch 12:30-5:00 Senior Center BINGO 	15
16	Remembering the Dream Senior Center Closed 	9:15 Coffee Time 9:15 Zumba 11:00 Lunch 12:15-1:15 WII Bowling w/ Zara 	9:15 Coffee & News 10:00 SOCIAL TIME 11:00 Lunch Reach Out Morongo Basin BIRTHDAY CELEBRATION SPONSOR 11:30- KARAOKE with Charlie Garcia	9:15 Coffee /News 10:00 Games/Puzzles 10:00 Tech Help for Seniors w/ Francisco 11:00 Lunch 12:30 Line Dancing With Janie 	9:15 Coffee 10:00 SOCIAL TIME 11:00 Lunch 2:30-5:00 Senior Club BINGO 	22
23	9:15 Coffee/News 9:45 Meditation Class w/ Yoon 10:00 Free Bread Day 10:00 Case Worker / Senior Assistance w/Dena 11:00 Lunch 12:15 Chair Yoga	9:15 Coffee Time 10-11 CHECKERS 11:00 Lunch 12:30 Dance Exercise Class with Cooki Dance Fitness	9:15 Coffee/News 10:00 Social Time 11:00 Lunch 11:30-1:30 Music By Paul Gerkin 	9:15 Coffee/News 10:00 Old TV Shows GOLDEN GIRLS 11:00 Lunch 12:30-1:30 Regional Council of Aging Mtg. 12-1pm LINE DANCING w/ Janie 	9:15 Coffee 10:00 SOCIAL TIME 11:00 Lunch 12:30-5:00 Senior Club BINGO 	29
30	9:15 Coffee/News 9:45 Meditation Class w/Yoon 10:00 Free Bread Day 11:00 Lunch 12:30-1:30 pm CHAIR YOGA w/ Jing YOGA	YVSC Can Help By Appointment Senior Case Managers HICAP Veterans Benefits Tech Help Other Services	Do you need help navigating Senior programs, Medicare, Social Security, Veterans benefits, Prescription Drug prices review (for Part D), or just need questions answered? With the help of our Community Partners, we have you covered. Call 760-853-0069 for one-on-one appointments.			

The Senior Center is operated by the Town of Yucca Valley Recreation Dept. For info contact Nena McCullough at (760) 853-0208. San Bernardino County Senior Nutrition Program Lunch provided by Family Services Association. Monday - Friday 11:00 a.m. - 12:00 p.m. Age 60 & over (voluntary donation) - Age 59 and under, \$7 per meal. Volunteers and donations are needed! Call for info!