



September

Su	Mon	Tue	Wed	Thu	Fri	Sat
New Hours Monday - Thursday - 9 am - 2pm Friday - 9 am - 12:30 pm		WELCOME BACK SENIORS			Yucca Valley Senior Center 57088 Twentynine Palms Hwy, Yucca Valley, CA 92284 (760) 853-0208	

	BECOME A MEMBER Join our New YVSC Membership Today free 	National Senior Center Month HEALTHY AGING never gets old	9:00 WE ARE OPEN 1 10:00 Coffee & Snacks- YVSC Membership Sign Ups! 11:00 Lunch 12:30- 2pm Music Today sponsored by Joseph with Anthem Insurance	9:15 Coffee/Social Time 2 10:00 Office of Aging (Bus Passes) 11:00 Lunch 12:45-1:45 Line Dancing with Janie 	9:15 Coffee & News 3 10:00 Free Bread Day 11:00 Lunch Enjoy the Weekend Center closes @ 12:30 Today	4
5	6 We will be CLOSED TO OBSERVE Labor Day 	9:15 Zumba Dance 7 10:15 Joseph with Anthem Insurance 11:00 Lunch 12-12:30 Social Time 12:30-1:30 Stretch -n- Tone 	9:15 Coffee & News 8 10:00 Karr Insurance w/Medicare Information 11:00 Lunch 12:30-2:00pm Karaoke with Charlie 	9:15 Coffee Time 9 10:00 Christie w/SCAN 11:00 Lunch 12-12:45 YVSC Membership Sign Ups! 12:45-1:45 Line Dancing 	9:15 Coffee & News 10 10:00 Free Bread Day 11:00 Lunch 12:30-4:30 SC BINGO 	11
12	9:15 Coffee & News 13 10-1pm SENIOR BENEFIT ASSISTANCE Make Appt. Today 11:00 Lunch 12:30-1:30 chair yoga w/Jing 	9:15 ZUMBA with Maria 14 10:15 YVSC Membership Sign Ups! 11:00 Lunch 12-2pm GAME TIME! 	9:15 Coffee & News 15 10:00 Christie w/SCAN 11:00 Lunch Town of Yucca Valley BIRTHDAY CELEBRATION Sponsor 12-12:30- 2:00p Afternoon Music by Paul Gerkin	9:15 Coffee & News 16 10:00 Bilhartz Ins 11:00-12pm REGIONAL COUNCIL ON AGING MEETING 11:00 Lunch 12-12:45 SOCIAL TIME 12:45-1:45 'Tis Line Dance Time 	9:15 Coffee & News 17 10:00 Free Bread Day 11:00 Lunch 12:30-4:30 SC BINGO 	18
19	9:15-Coffee Time 20 10:00 YVSC Membership Sign Ups! 11:00 Lunch 12:30-2pm Sign up Today! WII BOWLING fun 	9:15 ZUMBA 21 10:15-11:00 GAMES 11:00 Lunch 12--12:30 CHECKERS 12:30-1:30 Stretch n-Tone w/Joy 	9:15 Coffee Time 22 10:00 Christie W/SCAN 11:00 Lunch 12:30-2:00 Musical Key Board Sounds of CAT COHEN 	9:15 Coffee & News 23 10:00 Desert Oasis 10:00 Bilhartz Ins 11:00 Lunch 12--12:45pm Line Dancing w/ Janie 	9:15 Coffee & News 24 10:00 Free Bread Day 11:00 Lunch 12:30-4:30 SC BINGO 	25
26	9:15 Coffee & News 27 10:00 SENIOR BENEFIT ASSISTANCE 11:00 Lunch 12:30-1:30 YOGA CHAIR YOGA	9:15 ZUMBA 28 10:15 YVSC Membership Sign Ups! 11:00 Lunch 12:30-1:30 Cookie's Mixed DANCE 	9:15 Coffee/TV Time 29 10:00-1pm Desert Oasis Healthcare Mobile Unit Covid-19 Vaccinations 	9:15 Coffee & News 30 10:00 Bilhartz Ins Medicare Information w/ Desert Oasis 11:00 Lunch 12:45-1:45 Line Dancing 	"Our Thrift Store" REOPENS September 1st	

The Senior Center is operated by the Town of Yucca Valley Recreation Dept. For info contact Nena McCullough at (760) 853-0208. San Bernardino County Senior Nutrition Program Lunch provided by Family Services Association. Monday - Friday 11:00 a.m. - 12:00 p.m. Age 60 + voluntary donations are accepted for lunch - \$7 per meal will be charged for lunch participants age 59 and under.