



Yucca Valley Senior Center Activity Calendar

January



Su	Mon	Tue	Wed	Thu	Fri	Sat
Yucca Valley Senior Center 57088 Twentynine Palms Hwy, Yucca Valley, CA 92284 (760) 853-0208				HOURS OF OPERATION Monday - Thursday 9 am - 3 pm Friday 9 am - 1 pm		
			9:15 Coffee & News 11:00-2p Field Rep. with Assemblyman Chad Mayes office 11:30 Lunch 12:30-2:30p Karaoke by Jacqueline	9:15 Coffee & News 10:30 Dept of Aging/ Adult Services 10:30 FIND Food Bank/ Cal Fresh Apps 11:30 Lunch 1-2:30 Beginners Sign Language Class	9:15 Coffee & News 10:15 Games/Puzzles 11:30 Lunch Center closes @ 1 pm	Senior Club Presents Lamour and the Mystik Band Music & Dancing 6-8pm
6 9:15 Coffee & News 10:30 Finger Movement Exercise 11:30 Lunch 1-2p Stretch n Tone with Joy	7 9:15 Coffee & News 10:30 SOCIAL TIME 11:30 Lunch 12:30-4:00 SC BINGO 	8 9:15 Coffee & News 10:15 SOCIAL TIME 11:30 Lunch 12:30-4:00 SC BINGO 	9 9:15 Coffee & News 10:30 CLEAR CAPTIONS HEARING PHONES 11:30 Lunch 12:30-2:30 Sing Along with Dave Cohen 2:30-3p Social Time	10 9:15 Coffee & News 10:15 SCAN 11:30 Lunch 1-2:30p Beginners Sign Language Class 	11 9:15 Coffee & News 10:15 Games/Puzzles 11:30 Lunch Center closes @ 1 pm	12
13 9:15 Coffee & News 10:15 SOCIAL TIME 11:30 Lunch 1pm-3p Desert Cares High-Desert Medical Center presents a Heath Care Lecture with Bingo Fun 	14 9:15 Coffee & News 10:15 SOCIAL TIME 11:30 Lunch 12:30-4:00 SC BINGO 	15 9:15 Coffee & News 10:15 SOCIAL TIME 11:30 Lunch 12:30-4:00 SC BINGO 	16 9:15 Coffee & News 10:30 BILL HARTZ MEDICARE/INS. INFO 11:30 Lunch BIRTHDAY CELEBRATION! 12:30-1:30- Richie Lee Clarinet	17 9:15 Coffee & News 10:30 FIND Food Bank/ Cal Fresh Apps 11:30 Lunch 1-2 pm Gentle Chair Yoga 	18 9:15 Coffee & News 10:15 Games/Puzzles 11:30 Lunch Center closes @ 1 pm	19
20 Senior Center Closed	21 9:15 Coffee & News 10:15 SOCIAL TIME 11:30 Lunch 12:30-4:00 SC BINGO 	22 9:15 Coffee & News 10:15 SOCIAL TIME 11:30 Lunch 12:30-4:00 SC BINGO 	23 9:15 Coffee & News 10:30 Games/Puzzles 11:30 Lunch 12:30-2:30p CONCERT by Marsha Magic 	24 9:15 Coffee & News 10:30 SCAN 11:30 Lunch 12:30-1:30 pm REGIONAL COUNCIL ON AGING MEETING 1-2p Stretch n Tone with Joy	25 9:15 Coffee & News 10:15 Games/Puzzles 11:30 Lunch Center closes @ 1 pm	26 Afternoon Music by The Joshua Tree Jam 2pm-4pm
27 9:15 Coffee & TV 10:30 Finger Movement Exercise 11:30 Lunch 1:00-2:30 Humorous Crime Lecture	28 9:15 Coffee & TV 10:15 SOCIAL TIME 11:30 Lunch 	29 9:15 Coffee & TV 10:15 SOCIAL TIME 11:30 Lunch 	30 9:15 Coffee & News 10:30 TV Time 11:30 Lunch 12:30-2:30p Music by the Bro Dave and the Me Myself and I band	31 9:15 Coffee & News 10:30 FIND Food Bank/ Cal Fresh Apps 11:30 Lunch 1-2 pm TAI CHI 2-3p TV Time		

The Senior Center is operated by the Town of Yucca Valley Recreation Dept. For info contact Nena McCullough at (760) 853-0208. San Bernardino County Senior Nutrition Program Lunch provided by Family Services Association. Monday - Friday 11:30 a.m. - 12:30 p.m. Age 60 & over \$3 (voluntary donation) - Age 59 and under, \$6 per meal. Volunteers and donations are needed! Call the Senior Center for info.