



Yucca Valley Senior Center Activity Calendar



well hello,
march



Sun	Mon	Tue	Wed	Thu	Fri	Sat
Yucca Valley Senior Center 57088 Twentynine Palms Hwy, Yucca Valley, CA 92284 (760) 853-0208				HOURS OF OPERATION Monday - Thursday 9 am - 3 pm Friday 9 am - 1 pm		
	<p>March 10th</p>		<p>AARP Tax-Aid FREE TAX Preparation</p> <p>Call the Senior Center Today For your Appointment 760-853-0208</p>		<p>9:15 Coffee & News 1</p> <p>10:00 Games or TV time</p> <p>11:00 Lunch</p> <p>12-1pm <i>Social Time</i></p>	<p>2</p> <p>SENIOR CLUB "FIRST SATURDAYS" JT Jazz Band 6-8pm</p>
<p>3</p> <p>9:15 Coffee & News 4</p> <p>10:00 Finger Movement Exercises</p> <p>11:00 Lunch</p> <p>1-2p Stretch N Tone</p>	<p>9:15 Coffee & News 5</p> <p>10:00 SOCIAL/TV TIME</p> <p>11:00 Lunch</p> <p>12:30-4:00 SC BINGO</p>	<p>9:15 Coffee Time</p> <p>10:00 TV & News 6</p> <p>11:00 Lunch</p> <p>11:00-2pm Field Rep. with Assemblyman Chad Mayes office</p> <p>12:30-2:30p <i>Music by the Brother Dave & the Me Myself and I Band</i></p>	<p>9:30-11am- Desert Oasis Fall Prevention Lecture</p> <p>10:00 SCAN</p> <p>10:30 Office of Aging</p> <p>11:00 Lunch</p> <p>12:30-2pm- Line Dance Exercise Class with Cookie</p>	<p>9:15 Coffee & News 8</p> <p>10:00 Games or TV time</p> <p>11:00 Lunch</p> <p>12-1pm- <i>Social Time</i></p>	<p>9</p>	
<p>10</p> <p>9:15 Coffee & Ns 11</p> <p>10:00 Games/Puzzles</p> <p>11:00 Lunch</p> <p>1pm-3p High Desert Medical Center</p> <p>Lecture-Understanding Home Health Care and Hospice</p>	<p>9:15 Coffee & News 12</p> <p>10:00 SOCIAL/TV TIME</p> <p>11:00 Lunch</p> <p>2:30-4:00 SC BINGO</p> <p>"Be Luck Would Have It"</p>	<p>9:15 Coffee & News 13</p> <p>10:00 Lecture On Natural Treatments for Cancer</p> <p>11:00 Lunch</p> <p>12:00-2:pm Marsha Magic-Harp player performing</p> <p>2-3 pm TV Time</p>	<p>9:15 Coffee & News 14</p> <p>10:00 FIND Food / CAL Fresh assistance</p> <p>11:00 Lunch</p> <p>12:00-1p Social Time</p> <p>1:00-2:00- Chair Yoga</p>	<p>9:15 Coffee & News 15</p> <p>11:00 St Patrick's Day Lunch</p>	<p>16</p> <p>SENIOR CLUB Event WRECKING CREW EXPRESS 60's Party 6-8p</p>	
<p>17</p> <p>9:15 Coffee & TV 18</p> <p>10:00 .</p> <p>11:00 Lunch</p> <p>1-2p Stretch N Tone with Joy</p>	<p>9:15 Coffee & News 19</p> <p>10:00 SOCIAL/TV TIME & GAMES</p> <p>11:00 Lunch</p> <p>12:30-4:00 SC BINGO</p>	<p>9:15 Coffee & TV 20</p> <p>9:30-1p AARP Tax-Aid</p> <p>11:00 Lunch</p> <p>Town of Yucca Valley</p> <p>12:00-2p Guitar Music by: Bradley</p>	<p>9:15 Coffee Time 21</p> <p>10:00 SCAN</p> <p>10:00 Clear Captions w/phones for Hearing Impaired</p> <p>11:00 Lunch</p> <p>1-2pm -Tim's Sign Language Class</p>	<p>9:15 Coffee & News 22</p> <p>10:00 Games or TV Time</p> <p>11:00 Lunch</p> <p>12-1pm- <i>Social Time</i></p>	<p>23</p>	
<p>24</p> <p>9:15 Coffee/ News 25</p> <p>10:00 Finger Movement Exercises</p> <p>11:00 Lunch</p> <p>12:30-2p Line Dance Exercise Class with Cookie</p> <p>2:00-3pm- TV Time</p>	<p>9:15 Coffee & News 26</p> <p>10:00 SOCIAL/TV TIME & GAMES</p> <p>11:00 Lunch</p> <p>12:30-4:00 SC BINGO</p>	<p>9:15 Coffee & News 27</p> <p>9:30-1:30</p> <p>AARP Tax-Aid</p> <p>12:00-1:30 pm</p> <p>with Charlie Garcia</p>	<p>9:15 Coffee & News 28</p> <p>10:00 Finger Movement Exercises</p> <p>11:00 Lunch</p> <p>12:30-1:30 pm RCA MEETING</p> <p>1:00-2p Chair Yoga with Shanta</p>	<p>9:00- FSA 29</p> <p>Pastry Breakfast</p> <p>11:00-Pizza Party Lunch</p> <p>12pm-1pm- TV Time</p>	<p>30</p>	

The Senior Center is operated by the Town of Yucca Valley Recreation Dept. For info contact Nena McCullough at (760) 853-0208. San Bernardino County Senior Nutrition Program Lunch provided by Family Services Association. Monday - Friday 11:00 a.m. - 12:00 p.m. Age 60 & over \$3 (voluntary donation) - Age 59 and under, \$7 per meal. Volunteers and donations are needed! Call for info!