

Although all finishers in the Healthy Hearts 5K Run are considered winners, awards will be presented to the top three male and female overall finishers. Awards will also be presented to the top three male and female finishers in each category.

All entries in the non-competitive family Health Walk will receive a participation certificate.

ADULTS \$20 with a t-shirt
\$15 without a t-shirt

CHILDREN \$18 with a t-shirt
(under 12) (pre-registration only)
\$13 without a t-shirt

SENIORS \$18 with a t-shirt
(55 yrs. and over) \$13 without a t-shirt

Note: Shirts guaranteed to pre-registered participants only.

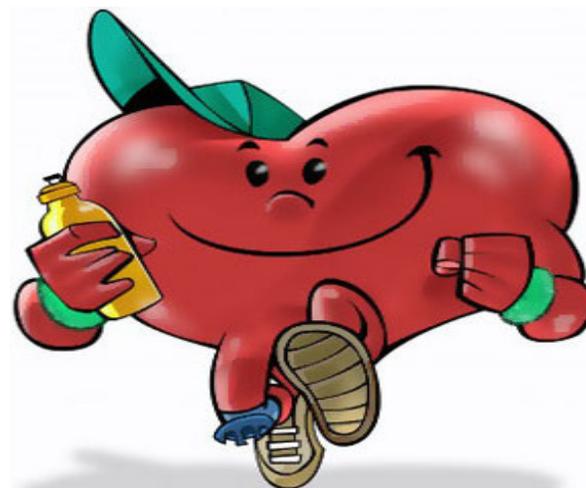


Hi-Desert Publishing Co.



Get ready to run for your heart!

Town of Yucca Valley
57090 Twentynine Palms Hwy.
Yucca Valley, CA 92284



Saturday, February 22, 2014
9:00 a.m.



RUN for your heart!

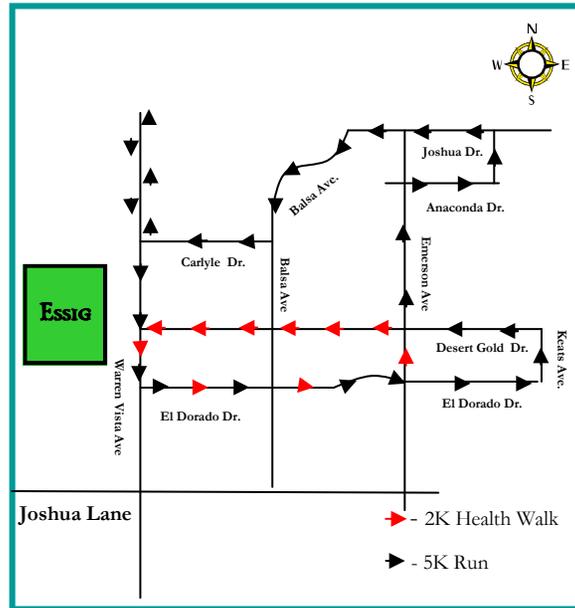


Register today for the 22nd running of the Healthy Hearts 5K Run & 2K Health Walk hosted by the Town of Yucca Valley.

The course is flat and fast on paved roads as it winds through one of Yucca Valley's family friendly neighborhoods, finishing with a picturesque view of the valley and mountains beyond.

Distance

5K - 3.1 miles
2K - 1.2 miles



REGISTRATION Online: www.yucca-valley.org
By mail: See attached form
In person: At the Yucca Valley Community Center or on-site on race day.

RACE DAY Saturday, February 22, 2014
Registration 8:00 - 8:45 a.m.
Race begins at 9:00 a.m.
(Rain or Shine)

LOCATION Start and finish at Essig Park
8490 Warren Vista Avenue
Yucca Valley, CA

INFORMATION Town of Yucca Valley
Community Services Dept.
57090 Twentynine Palms Hwy
Yucca Valley, CA
(760) 369-7211
Monday - Thursday
12:00 noon to 5:00 p.m.



22nd Annual Healthy Hearts Run/Walk

MAKE CHECKS PAYABLE TO: Town of Yucca Valley

MAIL TO: Town of Yucca Valley
Community Services Dept.
57090 Twentynine Palms Hwy.
Yucca Valley, CA 92284

Name _____

Mailing Address _____

City, State Zip _____

Email Address _____

Daytime Phone _____

Age (on race day) _____ Date of Birth _____

Male _____ Female _____

AGE GROUP (circle one)

13 & Under 26-35 56-65

14-18 36-45 66-75

19-25 46-55 76 & Over

RACE ENTRY (circle one) 5K Health Walk

ADULT SHIRTS (circle one) S M L XL

YOUTH SHIRT (circle one) S M L XL

(Pre-register only)

AMOUNT ENCLOSED \$ _____

CASH _____ CHECK _____ Check # _____

In consideration of the acceptance of my entry, I, the undersigned, intending to be legally bound for myself, my executors, administrators and assignees, do hereby waive and release the Town of Yucca Valley, all sponsors, officials, and all persons and agencies connected with the Healthy Hearts Run from all claims for damages arising from my participation in, and travel to and from this event. I understand that there are certain risks involved in such an event, and verify that I am physically fit and sufficiently trained for this competition and that my physical condition has been certified by a licensed physician. Further, I hereby grant permission to use my likeness for use in promotional literature.

PARTICIPANT'S SIGNATURE (or Parent/Guardian of under 18) DATE